

MORNING PRAYER

LENT FIVE

MARCH 21, 2021

PRELUDE: WHAT WONDROUS LOVE IS THIS

ARRANGED BY ALICE PARKER AND ROBERT SHAW, CONDUCTED BY ROBERT SHAW

OPENING SENTENCE

Rend your hearts and not your garments. Return to the Lord your God, for he is gracious and merciful, slow to anger and abounding in steadfast love, and repents of evil.

Joel 2:13

THE DECALOGUE (chanted)

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

Amen. Lord have mercy.

You shall not make for yourself any idol.

Amen. Lord have mercy.

You shall not invoke with malice the Name of the Lord your God.

Amen. Lord have mercy.

Remember the Sabbath Day and keep it holy.

Amen. Lord have mercy.

Honor your father and your mother.

Amen. Lord have mercy.

You shall not commit murder.

Amen. Lord have mercy.

You shall not commit adultery.

Amen. Lord have mercy.

You shall not steal.

Amen. Lord have mercy.

You shall not be a false witness.

Amen. Lord have mercy.

You shall not covet anything that belongs to your neighbor.

Amen. Lord have mercy.

CONFESSION OF SIN

Let us confess our sins against God and our neighbor.

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

***We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.***

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. **Amen.**

THE INVITATORY AND PSALTER

V: Lord, open our lips.

R: And our mouth shall proclaim your praise.

***Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.***

VENITE PSALM 95:1-7

The Lord is full of compassion and mercy: Come let us adore him.
The Lord is full of compassion and mercy: Come let us adore him.

Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
***Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms.***

For the Lord is a great God, *
and a great King above all gods.
***In his hand are the caverns of the earth, *
and the heights of the hills are his also.***

The sea is his, for he made it, *
and his hands have molded the dry land.

***Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.***

For he is our God, and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice!

The Lord is full of compassion and mercy: Come let us adore him.

***Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.***

THE PSALMS APPOINTED:

PSALM 118 *Confitemini Domino*

¹ Give thanks to the LORD, for he is good; *
his mercy endures for ever.

² ***Let Israel now proclaim, ****

"His mercy endures for ever."

³ Let the house of Aaron now proclaim, *

"His mercy endures for ever."

⁴ Let those who fear the LORD now proclaim, *

"His mercy endures for ever."

⁵ I called to the LORD in my distress; *

the LORD answered by setting me free.

⁶ **The LORD is at my side, therefore I will not fear; ***

what can anyone do to me?

⁷ The LORD is at my side to help me; *

I will triumph over those who hate me.

⁸ **It is better to rely on the LORD ***

than to put any trust in flesh.

⁹ It is better to rely on the LORD *

than to put any trust in rulers.

¹⁰ **All the ungodly encompass me; ***

in the Name of the LORD I will repel them.

¹¹ They hem me in, they hem me in on every side; *

in the name of the LORD I will repel them.

¹² **They swarm about me like bees; they blaze like a fire of thorns; ***

in the name of the LORD I will repel them.

¹³ I was pressed so hard that I almost fell, *

but the LORD came to my help.

¹⁴ **The LORD is my strength and my song, ***

and he has become my salvation.

¹⁵ There is a sound of exultation and victory *

in the tents of the righteous:

¹⁶ **The right hand of the LORD has triumphed! ***

the right hand of the LORD is exalted! the right hand of the LORD has triumphed!

¹⁷ I shall not die, but live, *

and declare the works of the LORD.

¹⁸ **The LORD has punished me sorely, ***

but he did not hand me over to death.

¹⁹ Open for me the gates of righteousness; *

I will enter them; I will offer thanks to the LORD.

²⁰ **This is the gate of the LORD; ***

he who is righteous may enter.

²¹ I will give thanks to you, for you answered me *

and have become my salvation.

²² **The same stone which the builders rejected ***

has become the chief cornerstone.

²³ This is the LORD'S doing, *

and it is marvelous in our eyes.

²⁴ **On this day the LORD has acted; ***

we will rejoice and be glad in it.

²⁵ Hosanna, LORD, hosanna! *

LORD, send us now success.

²⁶ **Blessed is he who comes in the name of the Lord; ***

we bless you from the house of the LORD.

²⁷ God is the LORD; he has shined upon us; *
form a procession with branches up to the horns of the altar.

²⁸ ***You are my God, and I will thank you; *
you are my God, and I will exalt you.***

²⁹ Give thanks to the LORD, for he is good; *
his mercy endures for ever.

***Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.***

THE LESSONS

A READING FROM JEREMIAH 31:31-34

The days are surely coming, says the LORD, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt-- a covenant that they broke, though I was their husband, says the LORD. But this is the covenant that I will make with the house of Israel after those days, says the LORD: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the LORD," for they shall all know me, from the least of them to the greatest, says the LORD; for I will forgive their iniquity, and remember their sin no more.

The Word of the Lord.

Thanks be to God.

THE SECOND SONG OF ISAIAH: *Quaerite Dominum; Isaiah 55:6-11*

Seek the Lord while he wills to be found; *
call upon him when he draws near.

***Let the wicked forsake their ways *
and the evil ones their thoughts;***

And let them turn to the Lord, and he will have compassion, *
and to our God, for he will richly pardon.

***For my thoughts are not your thoughts, *
nor your ways my ways, says the Lord.***

For as the heavens are higher than the earth, *
so are my ways higher than your ways,
and my thoughts than your thoughts.

***For as rain and snow fall from the heavens *
and return not again, but water the earth,***

Bringing forth life and giving growth, *
seed for sowing and bread for eating,

***So is my word that goes forth from my mouth; *
it will not return to me empty;***

But it will accomplish that which I have purposed, *
and prosper in that for which I sent it.

***Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.***

A READING FROM HEBREWS 5:5-10

So also Christ did not glorify himself in becoming a high priest, but was appointed by the one who said to him, "You are my Son, today I have begotten you" as he says also in another place, "You are a priest forever, according to the order of Melchizedek." In the days of his flesh, Jesus offered up prayers and supplications, with loud cries and tears, to the one who was able to save him from death, and he was heard because of his reverent submission. Although he was a Son, he learned obedience through what he suffered; and having been made perfect, he became the source of eternal salvation for all who obey him, having been designated by God a high priest according to the order of Melchizedek.

The Word of the Lord.

Thanks be to God.

SEQUENCE HYMN #151: FROM DEEPEST WOE I CRY TO THEE

A READING FROM THE GOSPEL OF JOHN 12:20-33

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, "Sir, we wish to see Jesus." Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, "The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor. "Now my soul is troubled. And what should I say-- 'Father, save me from this hour'? No, it is for this reason that I have come to this hour. Father, glorify your name." Then a voice came from heaven, "I have glorified it, and I will glorify it again." The crowd standing there heard it and said that it was thunder. Others said, "An angel has spoken to him." Jesus answered, "This voice has come for your sake, not for mine. Now is the judgment of this world; now the ruler of this world will be driven out. And I, when I am lifted up from the earth, will draw all people to myself." He said this to indicate the kind of death he was to die.

The Word of the Lord.

Thanks be to God.

THE SERMON

THE APOSTLES' CREED

I believe in God,
the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ,
his only son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

THE PRAYERS

V: The Lord be with you.

R: ***And also with you.***

Let us pray.

Our Father, *who art in heaven*
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.

*For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen*

PRAYERS OF THE PEOPLE

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for Justin the Archbishop of Canterbury, Michael our Presiding Bishop, Sam and Anne our Bishops with all bishops, priests, and deacons. We pray for parishes in our Diocese, especially St. Stephen's, Erwin; Trinity Church, Fuquay-Varina; and St. Christopher's, Garner. We also pray for Pastor Holman and Dickerson Chapel AME and for the Hillsborough Clergy Coalition, especially for Rev. Tony Boss of Piney Grove Missionary Baptist Church.

Silence

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. We pray for our President, our Congress, and our State Government.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. We pray for the work of the Eno River Association.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We pray for the poor, marginalized, and vulnerable in Orange County. We pray for inmates, first responders, and healthcare workers. We pray for educators, students, and parents of school-aged children. We pray for the work of Justice United and Durham CAN in our local communities.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray for those in our parish family, especially: Mildred, Lois, Tom, Molly, Jim, Rowen & Jan, Ann, Anne, Daisy, Tom, Champe, Keyon, Andy & Barrie, Laura, Sandra, Robert, Tricia & Don, Nell, Ludie, Robert, Paul, Marion, Nancy, Jim, Jean, and Joseph. We pray for those at Brookshire, both residents and staff.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died that your will for them may be fulfilled, especially those who died in the shootings in Atlanta and for everyone- including us- who suffer loss in its wake, and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

COLLECT FOR THE DAY

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

CLOSING HYMN #473: LIFT HIGH THE CROSS

Let us bless the Lord.

Thanks be to God.

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.**

2 Corinthians 13:14

SUNDAY FORUM: LAUREN WINNER

THIS WEEK AT ST. MATTHEW'S

Sunday (3/21): Lent Five

Worship and Formation

- **Gathering** (Worship Zoom); 9:00am
 - **Morning Prayer** (Worship Zoom); 9:15am
 - **Sunday Forum** (Worship Zoom); 10:15am; Lauren Winner: presenter
 - **Godly Play** (Formation Zoom); 10:30am
 - **Sunday Godspeed Group** (Worship Zoom); 11:15am
- Youth Group** (Diocesan Gathering; Kim will provide the zoom link); 7:00pm

Monday (3/22):

- **Monday Godspeed Group** (Formation Zoom); 9:00am
- **Archives & History** (Meeting Zoom); 10am
- **Food for All / Gordon Carlson's Team** (Fellowship Hall); 5:30pm
- **Education for Ministry** (Formation Zoom); 6:30p
- **Compline** (Worship Zoom); 8:30pm

Tuesday (3/23):

- **Morning Silence** (Worship Zoom); 7:30am Gathering for Silent Meditation

- **Staff Meeting** (Meeting Zoom); 11:00am
- **Tuesday Godspeed Group** (Formation Zoom); 7:00pm
- **RJR Book Discussion: *Caste*** (Meeting Zoom); 7:00pm
- **Compline** (Worship Zoom); 8:30pm

Wednesday (3/24):

- **Morning Prayer** (Worship Zoom); 8:00am
- **Ecumenical Lenten Service** (Zoom Link in announcement); Noon
- **For Those Who Live Alone** (Meeting Zoom); 5:00pm / Margaret Brill hosting
- **Parish Gathering** (Meeting Zoom); 7:00pm
- **Compline** (Worship Zoom); 8:30pm

Thursday (3/25)

- **Pastoral Care Team** (Meeting Zoom); 5:00pm
- **Adult Bible Study** (Formation Zoom); 7:30pm
- **Compline** (Worship Zoom); 8:30pm

Friday (3/26)

- **Morning Prayer** (Worship Zoom); 8:00am
- **Awareness through Movement Class** (Meeting Zoom); 9:30am
- **In-Person Outdoor Eucharist** (Memorial Garden); Noon) health screening form required
- **Compline** (Worship Zoom); 8:30pm

Sunday (3/28): Palm Sunday

Worship and Formation

- **In-Person Eucharist** (Memorial Garden); 8:00am
- **Morning Prayer** (Worship Zoom); 10:00am (Note special time)
- **Sunday Forum** (Worship Zoom); 11:15am
- **Godly Play** (Formation Zoom); 11:30am
- **Sunday Godspeed Group** (Worship Zoom); 12:15pm

Youth Group (Formation Zoom); 4:00pm

Women's "Singing" Circle & Compline (Worship Zoom); 7:00pm

PLEASE MASK UP IF YOU COME INTO ANY OF THE BUILDINGS ON THE CHURCH PROPERTY!!

VESTRY CANDIDATE STRAWPOLL

A letter detailing the process of our "voting" for three new Vestry members was mailed on Monday. Our process around the Vestry is different this year as, due to COVID, we can't have an in-person Annual Meeting. So we are holding a "straw poll" to direct the Vestry on choosing the new members (based on what the Vestry hears from you). The ballots will allow you to choose three members from the six who have agreed to stand for Vestry service. The Vestry will be guided by these ballots and we have been in communication with the Diocese throughout the process. If needed, there will be a second poll taken.

Our outgoing members are Jim Charton (Junior Warden), Conrad Fulkerson, and Jehanne Gheith (Senior Warden). Continuing vestry members are: Maria Costello, Vera Shanley, Sonja Tilley, Elizabeth Hays, Steve Hutson, and Blythe Thompson. The Vestry candidates are: Patrick Cummings, Lindsay Efland, Paul Enquist, Madeline Liddicoat, Martha McCamy, and Edward Wright.

Please study their bios that were included in the mailing carefully for those qualities of leadership that will best facilitate the processes of living into this next season, as God willing, we begin to come out of the pandemic. The people who agree to stand for vestry election do us all a great service and it is also an honor and a trust to serve on the vestry. The vestry's job, first and foremost, is to represent you as it watches over and guides the ways in which we carry out our mission at St. Matthew's. Toward that end, I encourage you to stay engaged with vestry members, and perhaps consider serving in the future.

All resident members of the parish, who are 16 years of age and have been confirmed or received into the church are eligible to fill out a ballot. **The first ballot must be returned by Friday, March 26.**

Procedure for returning the ballots:

- Bring your ballot directly to the Parish House. There will be a box in the foyer for ballots.
- If the office is closed, place it in the mail box in the portico at the Parish House entrance. (The Parish House is where the offices are located.)
- Vote online at: <https://tinyurl.com/smstrawpoll>. You will need the ballot number located on the bottom right hand corner of this ballot to vote online.
- Mail it to St. Matthew's: PO Box 628, Hillsborough, NC 27278 (must be mailed in time to arrive by March 26)
- Phone—call the church office at 919-732-9308

OUR LENTEN OFFERINGS

LENTEN SUNDAY FORUMS:

Sunday Forums are set to explore the Gospel and how at times the Church has lost sight of its core meaning. Remaining presentation: 3/21: Lauren Winner.

IN-PERSON, OUTDOOR EUCHARISTS

Our next in-person Eucharist will be Friday, the 26th at Noon in the Memorial Garden where we can accommodate 24 easily. To sign up, first fill out [the health screening form here](#). Masks are required and social distancing must be observed.

THE ST. MATTHEW'S LENTEN WAILING WALL

Please note the Wailing Wall that Kim Powell set up at St. Matthew's. At any point during Lent, we invite you to come to the church, and find the plastic box on the white bench outside the Hayden Building. Inside there are sharpies, ribbons, and a prayer card. Follow the prompt taped to the box and write your response on the ribbon. Tie (double tie) it to the railing where the other ribbons are (the railing closest to the Parish House) and pray the prayer on the card. Tie as many ribbons as you need, come back as often as you wish. Email Kim if you have any questions. (kim@stmatthewshillsborough.org)

HILLSBOROUGH ECUMENICAL WEDNESDAY LENTEN GATHERINGS, STORYTELLING, AND AGAPE

MEALS with other parishes in Orange County. These will be on Zoom on Wednesdays at noon, through March 24. One person from each participating parish will be asked to offer a five minute 'pandemic story' for a total of around five at each gathering, and we will conclude with an agape meal. This is being planned by the Hillsborough Clergy Coalition. Here is the link for this zoom service:

<https://nccumc.zoom.us/j/93569627154?pwd=TS9sYXBzOEhmcWJPOU9GVFdx0p0dz09>

The password is: agape

HOLY WEEK AND EASTER SERVICES

PALM SUNDAY (3/28)

- 8:00am Palm Sunday Liturgy (in-person; starting in front of the church) (weather permitting) health screening form required
- 10:00am Morning Prayer (Worship Zoom)

MAUNDY THURSDAY (4/1)

- 6:00pm Agape Meal (Worship Zoom)
- 8:00pm Maundy Thursday Vigil (church) until midnight

GOOD FRIDAY (4/2)

- Noon Good Friday Liturgy: in-person (Memorial Garden) (weather permitting) health screening form required
- Church open from noon to 3:00pm for Meditation
- 7:00pm Tenebrae Service (Worship Zoom)

HOLY SATURDAY (4/3)

- 10:00am Solemn Liturgy for Holy Saturday in-person (Memorial Garden) health screening form required
- 8:00pm The Great Vigil of Easter in-person (weather permitting) health screening form required

EASTER DAY (4/4)

- 7:00am "Sunrise" Service in-person (Memorial Garden) (weather permitting) health screening form required
- 10:00am Festal Morning Prayer (Worship Zoom)

RACIAL JUSTICE AND RECONCILIATION BOOK DISCUSSION; TUESDAY, MARCH 23 AT 7:00PM

Caste: The Origins of our Discontent, by Pulitzer Prize-winning author Isabel Wilkerson, will be the topic of our book discussion sponsored by the RJRC on Tuesday, March 23, on the Meeting Channel at 7:00 p.m. Ms. Wilkerson writes about the surprising costs of the caste system on our physical and mental health, life expectancy, culture, and politics. She also suggests ways to move beyond the destructive separations in our country toward hope in our common humanity. This is a topic we must examine during these turbulent times of national discontent. Please join us as we explore this brilliant book exploring how America today, and throughout its history, has been shaped by a hidden caste system. Here is a link to an interview with Isabel Wilkerson, the author of *Caste*: <https://www.npr.org/2020/08/04/898574852/its-more-than-racism-isabel-wilkerson-explains-america-s-caste-system>.

PARISH GATHERING WEDNESDAY, MARCH 24 AT 7:00PM: COMING OUT OF THE PANDEMIC

Join us for a Parish Zoom conversation as we are beginning to think about coming together for in-person worship. (Meeting Zoom)

EASTER FLOWERS

Instead of decorating the church with Easter lilies and spring blooming bulbs last year, as an alternative, we purchased long-lasting blooming plants and Pelham planted them outside the church steps. We are proposing that we repeat planting flowers outside and we invite donations for this effort. Also, we invite all to enjoy the beauty and richness of God's blessing in our churchyard. Many thanks for any donations. —*Sharon Billings* and your Churchyard Committee (with the blessing of the Altar Guild)

CALLING ALL PARISHIONERS!

Take a simple video of yourself, a friend, your children or family saying: ALLELUIA! CHRIST IS RISEN! Ring bells, blow horns, unfurl banners! Use your smartphone to take the video — and send it by to Duke Intern Amy Peterson. amy.l.peterson@duke.edu. We will be stitch these together to make a joyful proclamation for Easter morning.

MORE INFO ABOUT THESE GROUPS THAT WE SUPPORT:

JUSTICE UNITED

Orange County Justice United is a broad based community organization that works with the civil sector to organize around issues to improve the lives of Orange County's marginalized residents.

DURHAM CAN

Durham CAN is based in institutions: congregations, associations, schools, nonprofits, community health centers, and neighborhood organizations that share a concern for families and a tradition of faith and democracy.

ORANGE CONGREGATIONS IN MISSION

Providing Beef Stew to Orange Congregations in Mission Food's Pantry is a commitment St. Matthew's has made and kept for years now. Bring your donated cans to the church anytime. Drop them in the basket under the alcove of the Hayden Building or leave them by one of the doors. So far this month we have received 100 cans of beef stew; our goal each month is 175.

"WARMING HEARTS" SHAWL MINISTRY CALENDARS AVAILABLE

Calendars (February 2021-January 2022) featuring shawls made by the Shawl Ministry are available in the Parish House for a donation of yarn, in any amount. They were made to honor our Shawl Ministry by member Dot Lansdown. Her son William photographed the shawls which he displayed on the pews of St. Matthew's. (Quantities are limited.)

CARE & DISCERNMENT GROUP FORMING: BEGINNING APRIL 22

You are invited to practice listening with a group of four to eight fellow parishioners. During these challenging and divisive times we feel the pressure to take action. Learning to pay careful attention to one another is a way to act decisively and effectively. The structure of St. Matthew's Care and Discernment Groups provides a way to practice this work through mutual support. We take turns to narrate a query, challenge, or joy which is held in meditative attention through prayer, reflection and silence. We will meet for as many times as there are participants and our sessions last for 75 minutes. Active listening nourishes our mind, body, and spirit; it strengthens our friendship to one another and our service to the wider community.

We will begin the group on St. Matthew's Zoom Meeting channel on Thursday, April 22nd at 4pm. If you are interested please contact Edward Wright at framesbyedwardwright@gmail.com or call 919-622-7082.

COVID VACCINATION NEWS

Group 3 Essential Workers are now eligible. Getting the COVID-19 vaccine gives you an added layer of protection against COVID-19 and may protect your church family. Here are some key points about COVID-19 vaccination:

- All COVID-19 vaccines available in the United States are very effective at preventing the disease.

- The most common side effects are pain in the arm where you got the shot, feeling tired, headache, body aches, chills, and fever.
- Stopping a pandemic requires using all the tools we have available—wearing masks, staying at least 6 feet from people who do not live with you, avoiding crowds and poorly ventilated spaces, washing your hands frequently, and getting vaccinated.

Essential Workers include:

- **Critical manufacturing** (including manufacturing medical supplies, medical equipment or PPE, manufacturing products needed for food and agricultural supply chains)
- **Higher Education** (including college and university instructors and support staff)
- **Essential goods** (including workers in stores that sell groceries and medicine)
- **Food and agriculture** (including meat packing workers, food processing workers, farm workers, migrant farm/fishery workers, food distribution and supply chain workers, restaurant workers)
- **Government and community services** (including US Postal Service and other shipping workers, court workers, elected officials, clergy, homeless shelter staff)
- **Public health** (including public health workers, social workers)
- **Public safety** (including firefighters and EMS, law enforcement, corrections workers, security officers, public agency workers responding to abuse and neglect)
- **Transportation** (including public transit, Division of Motor Vehicles workers, transportation, maintenance and repair technicians, workers supporting highway infrastructure)

Your health and safety continue to be our priority. Vaccine supplies are limited, we are seeing access increasing as more, and more providers come online in our area. Please see Vaccine Sign Up options below:

- **Orange County Health Department** — Visit the [GetYourShot](https://www.orangecountync.gov/2617/Vaccine) <https://www.orangecountync.gov/2617/Vaccine> page to sign up or call 919-913 8088 between 8:30 a.m. and 4:30 p.m. seven days a week.
- **UNC Health** — Visit the [Get Vaccinated](https://vaccine.unhealthcare.org/get-vaccinated/) (<https://vaccine.unhealthcare.org/get-vaccinated/>) page or call 984-215-5485 between 8 a.m. and 5 p.m. Monday-Friday.
- **Piedmont Health Services** — Visit the [COVID-19 Testing and Vaccination](https://piedmonthhealth.org/how-can-i-be-tested-for-covid19/) (<https://piedmonthhealth.org/how-can-i-be-tested-for-covid19/>) page or call 919 545-3452.
- **Hillsborough Pharmacy** — Visit their [Home Page](https://www.hillsboroughpharmacync.com/) (<https://www.hillsboroughpharmacync.com/>) or call 919-245-1212.
- **Duke Health** — Visit the [COVID-19 Vaccines Update](https://www.dukehealth.org/covid-19-update/covid-19-vaccine-update) (<https://www.dukehealth.org/covid-19-update/covid-19-vaccine-update>) page to join the waiting list. If you are a Duke MyChart user, you can check Duke MyChart regularly to view appointment availability.
- **Cone Health** — Visit the [COVID-19 Vaccine Information](https://www.conehealth.com/covid-19-information/covid-19-vaccine-information/) (<https://www.conehealth.com/covid-19-information/covid-19-vaccine-information/>) page to join the waiting list.
- **Durham Veterans Affairs Health Care System** — Call 919-286-0411 and dial 0 for the operator to schedule an appointment if you are a veteran at high risk or a veteran frontline essential worker. The VA will reach out to more veterans as additional supplies become available. See the system's [website](https://www.durham.va.gov/) (<https://www.durham.va.gov/>) for more information. (See the [COVID-19 Vaccine for High Risk Veterans](#) to see the listing of veterans eligible now for vaccination through the VA.
- **Walgreens** — there are five Walgreens in Orange County that offer vaccines:
 - 1670 Martin Luther King, Jr. Blvd., Chapel Hill
 - 1500 E. Franklin St., Chapel Hill

- 801 Mebane Oaks Rd., Mebane
- 1106 Environ Way, Chapel Hill
- 200 US Highway 70 E, Hillsborough

To learn more:

- Orange County Health Department's Vaccine Page: www.orangecountync.gov/getyourshot
- NCDHHS Deeper Dive- Group 3 Frontline Essential Worker: <https://covid19.ncdhhs.gov/vaccines/find-your-spot-take-your-shot/deeper-dive-group3>
- NCDHHS Vaccine Locator: <https://myspot.nc.gov>
- NCDHHS tool to find your group: <https://findmygroup.nc.gov>

PRAYER LIST

We pray for all who are sick, or in any need or trouble, remembering especially the following members of our parish family: Mildred Pruessing, Lois Horn, Tom Vail, Molly Zaragoza, Jim Fesperman, Rowen & Jan Grant, Ann Burdette, Anne Weaver, Daisy Huffman, Tom Sinn, Champe Davis, Keyon Hutson, Andy & Barrie Wallace, Laura Middlebrooks, Sandra Poffenbarger, Robert Fruehwirth, Tricia & Don Hill, Nell Schrader, Ludie White, Robert Locke, Paul Enquist, Marion Horn, Nancy Harris, Jim von St. Paul, Jean Bartholomew, and Joseph Riddick.

And these others for whom our prayers are desired: Melanie Maupin, Betsy Zaragoza, Harry Dula, Arnold Thomas, Gail Clifford, Erin Vaughan, Bob Caldwell, Baylor Pisano, John Charton, Lucy Gradowski, Ken Foland, Savannah Fonvielle, Colleen Paisley, Ben Mueller, Richard Haase, Chip Joyner, John Logan, the Spurlocks, the Tuckers, Anna Lawrence & Dan Bass, Fred Edoughs, Timothy, Bob, Laura Merrill, Jeannine Beardslee, Brooke Harnisch & Dan Roberts, Amy, Evelyne Accad, Amalia, Maddie Powers, Allie, John & Rachel Hougom, Richard Stevens, Mary Beth, Karl & Janice Eicher, Knox Efland, Coleman Sale, Boardman Lloyd, the family of Chris Knotts, Bill, Chris Graebner, Tom Bloom, Michael Thompson, Andy, Drew, Sean Turnell, Matthew Arnold, Anne Cox, Sally Weaver, Steve Thomas, Alex Thomas, Joe Barnes, Tony Boss, and Millie Hinkle.

We pray for all doctors and nurses, service workers, inmates, and the unemployed. We pray for educators, students, and parents of school-aged children.