

# MORNING PRAYER

## PALM SUNDAY

### MARCH 28, 2021

#### PRELUDE: HOSANNA TO THE SON OF DAVID (THOMAS WHEELKES)

#### THE LITURGY OF THE PALMS

Celebrant: Blessed is the King who comes in the name of the Lord.

People: ***Peace in heaven and glory in the highest.***

Celebrant: Let us pray. Assist us mercifully with your help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality; through Jesus Christ our Lord. ***Amen.***

#### THE GOSPEL: MARK 11:1-11

When they were approaching Jerusalem, at Bethphage and Bethany, near the Mount of Olives, he sent two of his disciples and said to them, "Go into the village ahead of you, and immediately as you enter it, you will find tied there a colt that has never been ridden; untie it and bring it. If anyone says to you, 'Why are you doing this?' just say this, 'The Lord needs it and will send it back here immediately.'" They went away and found a colt tied near a door, outside in the street. As they were untying it, some of the bystanders said to them, "What are you doing, untying the colt?" They told them what Jesus had said; and they allowed them to take it. Then they brought the colt to Jesus and threw their cloaks on it; and he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut in the fields. Then those who went ahead and those who followed were shouting, "Hosanna! Blessed is the one who comes in the name of the Lord! Blessed is the coming kingdom of our ancestor David! Hosanna in the highest heaven!" Then he entered Jerusalem and went into the temple; and when he had looked around at everything, as it was already late, he went out to Bethany with the twelve.

#### THE BLESSING OF THE PALMS

Celebrant: The Lord be with you.

People: ***And also with you.***

Celebrant: Let us give thanks to the Lord our God.

People: ***It is right to give him thanks and praise.***

Celebrant: It is right to praise you, Almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. On this day he entered the holy city of Jerusalem in triumph, and was proclaimed as King of kings by those who spread their garments and branches of palm along his way. Let these branches be for us signs of his victory, and grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leads to eternal life; who lives and reigns in glory with you and the Holy Spirit, now and for ever. ***Amen.***

Celebrant: Blessed is he who comes in the name of the Lord.

People: ***Hosanna in the highest.***

## HYMN #154: ALL GLORY, LAUD AND HONOR

### COLLECT

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ our Lord. **Amen.**

### THE LESSONS

#### A READING FROM ISAIAH 50:4-9

The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens-- wakens my ear to listen as those who are taught. The Lord GOD has opened my ear, and I was not rebellious, I did not turn backward. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord GOD helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord GOD who helps me; who will declare me guilty? All of them will wear out like a garment; the moth will eat them up.

The Word of the Lord.

**Thanks be to God.**

#### PSALM 31:9-16

- <sup>9</sup> Have mercy on me, O LORD, for I am in trouble; \*  
my eye is consumed with sorrow, and also my throat and my belly.
- <sup>10</sup> ***For my life is wasted with grief, and my years with sighing; \*  
my strength fails me because of affliction, and my bones are consumed.***
- <sup>11</sup> I have become a reproach to all my enemies and even to my neighbors, a dismay to those of my acquaintance; \*  
when they see me in the street they avoid me.
- <sup>12</sup> ***I am forgotten like a dead man, out of mind; \*  
I am as useless as a broken pot.***
- <sup>13</sup> For I have heard the whispering of the crowd; fear is all around; \*  
they put their heads together against me; they plot to take my life.
- <sup>14</sup> ***But as for me, I have trusted in you, O LORD. \*  
I have said, "You are my God.***
- <sup>15</sup> My times are in your hand; \*  
rescue me from the hand of my enemies, and from those who persecute me.
- <sup>16</sup> ***Make your face to shine upon your servant, \*  
and in your loving-kindness save me."***

## A READING FROM PHILIPPIANS 2:5-11

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death-- even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

The Word of the Lord.

***Thanks be to God.***

## SEQUENCE HYMN #435: AT THE NAME OF JESUS (vv.1-4)

### A READING FROM THE GOSPEL OF MARK 14:32-15:47

EVANGELIST: Jesus and his disciples went to a place called Gethsemane. Jesus said to his disciples,

JESUS: Sit here while I pray.

EVANGELIST: He took with him Peter and James and John, and began to be distressed and agitated. He said to them,

JESUS: I am deeply grieved, even to death; remain here, and keep awake.

EVANGELIST: And going a little farther, he threw himself on the ground and prayed that, if it were possible, the hour might pass from him. He said,

JESUS: Abba, Father, for you all things are possible; remove this cup from me; yet, not what I want, but what you want.

EVANGELIST: He came and found them sleeping; and he said to Peter,

JESUS: Simon, are you asleep? Could you not keep awake one hour? Keep awake and pray that you may not come into the time of trial; the spirit indeed is willing; but the flesh is weak.

EVANGELIST: And again he went away and prayed, saying the same words. And once more he found them sleeping, for their eyes were very heavy; and they did not know what to say to him. He came a third time and said to them,

JESUS: Are you still sleeping and taking your rest? Enough! The hour has come; the Son of Man is betrayed into the hands of sinners. Get up, let us be going. See, my betrayer is at hand.

EVANGELIST: Immediately, while he was still speaking, Judas, one of the twelve, arrived; and with him there was a crowd with swords and clubs, from the chief priests, the scribes, and the elders. Now, the betrayer had given them a sign, saying,

JUDAS: The one I will kiss is the man; arrest him and lead him away under guard.

EVANGELIST: So when he came, he went up to him at once and said,

JUDAS: Rabbi!

EVANGELIST: and kissed him. Then they laid hands on him and arrested him. But one of those who stood near drew his sword and struck the slave of the high priest, cutting off his ear. Then Jesus said to them,

JESUS: Have you come with swords and clubs to arrest me as though I were a bandit? Day after day I was with you in the temple teaching, and you did not arrest me. But let the scriptures be fulfilled.

EVANGELIST: All of them deserted him and fled. A certain young man was following him, wearing nothing but a linen cloth. They caught hold of him, but he left the linen cloth and ran off naked. They took Jesus to the high priest; and all the chief priests, the elders, and the scribes were assembled. Peter had followed him at a distance, right into the courtyard of the high priest; and he was sitting with the guards, warming himself at the fire. Now the chief priests and the whole council were looking for testimony against Jesus to put him to death; but they found none. For many gave false testimony against him, and their testimony did not agree. Some stood up and gave false testimony against him saying,

CONGREGATION: We heard him say "I will destroy this temple that is made with hands, and in three days I will build another, not made with hands."

EVANGELIST: But even on this point their testimony did not agree. Then the high priest stood up before them and asked Jesus,

HIGH PRIEST: Have you no answer? What is it that they testify against you?

EVANGELIST: But he was silent and did not answer. Again the high priest asked him,

HIGH PRIEST: Are you the Messiah, the Son of the Blessed One?

EVANGELIST: Jesus said,

JESUS: I am; and "you will see the Son of Man seated on the right hand of the Power," and "coming with the clouds of heaven."

EVANGELIST: Then the high priest tore his clothes and said,

HIGH PRIEST: Why do we still need witnesses? You have heard his blasphemy! What is your decision?

EVANGELIST: All of them condemned him as deserving death. Some began to spit on him, to blindfold him, and to strike him, saying to him CONGREGATION: Prophecy!

EVANGELIST: The guards also took him over and beat him. While Peter was below in the courtyard, one of the servant-girls of the high priest came by. When she saw Peter warming himself, she stared at him and said,

SERVANT GIRL: You also were with Jesus, the man from Nazareth.

EVANGELIST: But he denied it, saying,

PETER: I do not know or understand what you are talking about."

EVANGELIST: And he went out into the forecourt. Then the cock crowed. And the servant-girl, on seeing him, began again to say to the bystanders,

SERVANT GIRL: This man is one of them.

EVANGELIST: But again he denied it. Then after a little while the bystanders again said to Peter,

CONGREGATION: "Certainly you are one of them; for you are a Galilean.

EVANGELIST: But he began to curse, and he swore an oath,

PETER: I do not know this man you are talking about.

EVANGELIST: At that moment the cock crowed for the second time. Then Peter remembered that Jesus had said to him,

JESUS: Before the cock crows twice, you will deny me three times.

EVANGELIST: And he broke down and wept. As soon as it was morning, the chief priests held a consultation with the elders, and scribes, and whole council. They bound Jesus, led him away, and handed him over to Pilate. Pilate asked him,

PILATE: Are you the King of the Jews?

EVANGELIST: He answered him,

JESUS: You say so.

EVANGELIST: Then the chief priests accused him of many things. Pilate asked him again,

PILATE: Have you no answer? See how many charges they bring against you.

EVANGELIST: But Jesus made no further reply, so that Pilate was amazed. Now at the festival he used to release a prisoner for them, anyone for whom they asked. Now a man called Barabbas was in prison with the rebels who had committed murder during the insurrection. So the crowd came and began to ask Pilate to do for them according to his custom. Then he asked them,

PILATE: Do you want me to release the King of the Jews?

EVANGELIST: For he realized that it was out of jealousy that the chief priests had handed him over. But the chief priests stirred up the crowd to have him release Barabbas for them instead. Pilate spoke to them again,

PILATE: Then what do you wish me to do with the man you call the King of the Jews?

EVANGELIST: They shouted back,

CONGREGATION: Crucify him!

EVANGELIST: Pilate asked them,

PILATE: Why, what evil has he done?

EVANGELIST: But they shouted all the more,

CONGREGATION: Crucify him!

EVANGELIST: So Pilate, wishing to satisfy the crowd, released Barabbas for them; and after flogging Jesus, he handed him over to be crucified. Then the soldiers led him into the courtyard of the palace (that is, the governor's headquarters); and they called together the whole cohort. And they clothed him in a purple cloak; and after twisting some thorns into a crown, they put it on him. And they began saluting him,

CONGREGATION: Hail, King of the Jews!

EVANGELIST: They struck his head with a reed, spat upon him, and knelt down in homage to him. After mocking him, they stripped him of the purple cloak and put his own clothes on him. Then they led him out to crucify him. They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus.

(pause)

EVANGELIST: Then they brought Jesus to the place called Golgotha (which means the place of the skull). And they offered him wine mixed with myrrh; but he did not take it. And they crucified him, and divided his clothes among them, casting lots to decide what each should take. It was nine o'clock in the morning when they crucified him. The inscription of the charge against him read, "The King of the Jews." And with him they crucified two bandits, one on his right and one on his left. Those who passed by derided him, shaking their heads and saying,

CONGREGATION: Aha! You who would destroy the temple and build it in three days, save yourself, and come down from the cross!

EVANGELIST: In the same way, the chief priests along with the scribes, were also mocking him among themselves and saying,

CONGREGATION: He saved others; he cannot save himself. Let the Messiah, the King of Israel, come down from the cross now, so that we may see and believe.

EVANGELIST: Those who were crucified with him also taunted him. When it was noon, darkness came over the whole land until three in the afternoon. At three o'clock Jesus cried out in a loud voice,

JESUS: Eloi, Eloi, lema sabachthani?

EVANGELIST: which means, "My God, my God, why have you forsaken me?" When some of the bystanders heard it, they said,

CONGREGATION: Listen, he is calling for Elijah.

EVANGELIST: And someone ran, filled a sponge with sour wine, put it on a stick, and gave it to him to drink, saying,

CONGREGATION: Wait, let us see whether Elijah will come to take him down.

EVANGELIST: Then Jesus gave a loud cry and breathed his last.

*(Silence is kept, during which some in the congregation may wish to kneel.)*

EVANGELIST: And the curtain of the temple was torn in two, from top to bottom. Now when the centurion, who was facing him, saw that in this way he breathed his last, he said,

A CENTURION: Truly this man was God's Son!

EVANGELIST: There were also women looking on from a distance; among them were Mary Magdalene, and Mary the mother of James the younger and of Joses, and Salome. These used to follow him and provided for him when he was in Galilee; and there were many other women who had come up with him to Jerusalem. When evening had come, and since it was the day of Preparation, that is, the day before the Sabbath, Joseph of Arimathea, a respected member of the council, who was also himself waiting expectantly for the kingdom of God, went boldly to Pilate and asked for the body of Jesus. Then Pilate wondered if he were already dead; and summoning the centurion, he asked him whether he had been dead for some time. When he learned from the centurion that he was dead, he granted the body to Joseph. Then Joseph brought a linen cloth, and taking down the body, wrapped it in the linen cloth, and laid it in the tomb that had been hewn out of the rock. He then rolled a stone against the door of the tomb. Mary Magdalene and Mary the mother of Joses saw where the body was laid.

## THE SERMON

Robert Fruehwirth+

## THE APOSTLES' CREED

I believe in God,  
*the Father almighty,*  
*creator of heaven and earth.*  
*I believe in Jesus Christ,*  
*his only son, our Lord.*  
*He was conceived by the power of the Holy Spirit*  
*and born of the Virgin Mary.*  
*He suffered under Pontius Pilate,*  
*was crucified, died, and was buried.*  
*He descended to the dead.*  
*On the third day he rose again.*  
*He ascended into heaven,*  
*and is seated at the right hand of the Father.*  
*He will come again to judge the living and the dead.*  
*I believe in the Holy Spirit,*  
*the holy catholic Church,*  
*the communion of saints,*  
*the forgiveness of sins,*  
*the resurrection of the body,*  
*and the life everlasting. Amen.*

## THE PRAYERS

V: The Lord be with you.

R: ***And also with you.***

Let us pray.

Our Father, ***who art in heaven***  
***hallowed be thy Name,***  
***thy kingdom come,***  
***thy will be done,***  
***on earth as it is in heaven***  
***Give us this day our daily bread.***  
***And forgive us our trespasses,***  
***as we forgive those***  
***who trespass against us.***  
***And lead us not into temptation,***  
***but deliver us from evil.***  
***For thine is the kingdom,***  
***and the power, and the glory,***  
***for ever and ever. Amen***

## **PRAYERS OF THE PEOPLE**

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for Justin the Archbishop of Canterbury, Michael our Presiding Bishop, Sam and Anne our Bishops with all bishops, priests, and deacons. We pray for parishes in our Diocese, especially Abundant Life; All Saints'; and Church of the Holy Spirit, of Greensboro. We also pray for Pastor Holman and Dickerson Chapel AME and for the Hillsborough Clergy Coalition, especially for Rev. Tony Boss of Piney Grove Missionary Baptist Church.

*Silence*

Lord, in your mercy

***Hear our prayer.***

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. We pray for our President, our Congress, and our State Government.

*Silence*

Lord, in your mercy

***Hear our prayer.***

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. We pray for the work of the Eno River Association.

*Silence*

Lord, in your mercy

***Hear our prayer.***

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We pray for the poor, marginalized, and vulnerable in Orange County. We pray for inmates, first responders, and healthcare workers. We pray for educators, students, and parents of school-aged children. We pray for the work of Justice United and Durham CAN in our local communities.

*Silence*

Lord, in your mercy

**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. Comfort those who mourn, especially Sue & Bob Kaynor at the death of their son, Richard. We pray for those in our parish family, especially: Mildred, Lois, Tom, Molly, Jim, Rowen & Jan, Ann, Anne, Daisy, Tom, Champe, Keyon, Andy & Barrie, Laura, Sandra, Robert, Tricia & Don, Nell, Ludie, Robert, Marion, Nancy, Jim, Jean, and Joseph. We pray for those at Brookshire, both residents and staff.

*Silence*

Lord, in your mercy

**Hear our prayer.**

We commend to your mercy all who have died, especially Richard, that your will for them may be fulfilled, and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord, in your mercy

**Hear our prayer.**

## COLLECT OF THE DAY

Almighty and everliving God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## CLOSING HYMN #158: AH, HOLY JESUS

Let us bless the Lord.

**Thanks be to God.**

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.**

*2 Corinthians 13:14*

## THIS WEEK AT ST. MATTHEW'S

### Sunday (3/28): Palm Sunday

#### Worship and Formation

- **In-Person Eucharist** (begin in front of the church); 8:00am
- **Morning Prayer** (Worship Zoom); 10:00am (Note special time)
- **Faith Formation for the St. Matthew's Family** (Worship Zoom); 11:15am

**Youth Group** (Formation Zoom); 4:00pm

**Women's "Singing" Circle & Compline** (Worship Zoom); 7:00pm

### Monday (3/29):

- **Monday Godspeed Group** (Formation Zoom); 9:00am
- **Education for Ministry** (Formation Zoom): 6:30p
- **Compline** (Worship Zoom); 8:30pm

### Tuesday (3/30):

- **Morning Silence** (Worship Zoom); 7:30am Gathering for Silent Meditation
- **Staff Meeting** (Meeting Zoom); 11:00am
- **Social Ministries Committee** (Meeting Zoom); 5:30pm
- **Tuesday Godspeed Group** (Formation Zoom); 7:00pm
- **Compline** (Worship Zoom); 8:30pm

### Wednesday (3/31):

- **Morning Prayer** (Worship Zoom); 8:00am
- **For Those Who Live Alone** (Meeting Zoom); 5:00pm / Margaret Brill hosting
- **Choir** (Meeting Zoom); 7:00pm
- **Compline** (Worship Zoom); 8:30pm

### Thursday (4/1): Maundy Thursday

- **Adult Bible Study** (Formation Zoom); 7:30pm
- **Agape Meal** (Worship Zoom); 6:00pm
- **Church open for Meditation and Vigil**; 8:00pm until midnight

### Friday (4/2): Good Friday

- **Morning Prayer** (Worship Zoom); 8:00am
- **Good Friday Liturgy** (Memorial Garden); Noon health screening form required
- **Church Open for Meditation**; (noon to 3:00pm)
- **Tenebrae Service** (Worship Zoom); 7:00pm

### Saturday (4/3): Holy Saturday

- **Solemn Liturgy for Holy Saturday** in-person (Memorial Garden); 10:00am; health screening form required
- **The Great Vigil of Easter** in-person (begin in the Memorial Garden); 8:00pm (weather permitting) health screening form required

### Sunday (4/4): Easter Day

#### Worship and Formation

- **“Sunrise” Service in-person** (Memorial Garden); 7:00am (weather permitting) health screening form required
- **Festal Morning Prayer** (Worship Zoom); 10:00am

**PLEASE MASK UP IF YOU COME INTO ANY OF THE BUILDINGS ON THE CHURCH PROPERTY!!**

### **HOLY WEEK AND EASTER RELATED ANNOUNCEMENTS:**

#### **CALLING ALL PARISHIONERS TO SEND IN A VIDEO FOR THE EASTER ZOOM SERVICE**

Take a simple video of yourself, a friend, your children or family saying: ALLELUIA! CHRIST IS RISEN! Ring bells, blow horns, unfurl banners! Use your smartphone to take the video — and send it by to Duke Intern Amy Peterson. [amy.l.peterson@duke.edu](mailto:amy.l.peterson@duke.edu). We will be stitch these together to make a joyful proclamation for Easter morning.

#### **PALM SUNDAY PREPARATIONS: SATURDAY, MARCH 27**

Learn to make palm crosses and birds, help prepare palm fronds for our Palm Sunday service. This time of palm weaving is hosted by Ellen McRae. 10:00 in the courtyard.

#### **EASTER FLOWERS**

Instead of decorating the church with Easter lilies and spring blooming bulbs last year, as an alternative, we purchased long-lasting blooming plants and Pelham planted them outside the church steps. We are proposing that we repeat planting flowers outside and we invite donations for this effort. Also, we invite all to enjoy the beauty and richness of God’s blessing in our churchyard. Many thanks for any donations. —*Sharon Billings* and your Churchyard Committee (with the blessing of the Altar Guild)

#### **THE FLOWERING OF THE CROSS ON EASTER DAY**

An especially striking and beautiful way to celebrate Easter is the “Flowering of the Cross.” Bring something from your garden for the cross which will be placed in the Memorial Garden. Spring flowers may not be blooming yet, but maybe you have some forsythia, redbud, or flowering cherry you could bring.

#### **CHILDREN’S EASTER EGG HUNT: SUNDAY, APRIL 11 AT NOON**

#### **MORE INFO ABOUT THESE GROUPS THAT WE SUPPORT:**

##### **JUSTICE UNITED**

Orange County Justice United is a broad based community organization that works with the civil sector to organize around issues to improve the lives of Orange County’s marginalized residents.

As many of you may know, during 2020 St. Matthew’s parishioners joined others in Justice United to support mobile home residents in their negotiations with park owners. That work continues, but now JU is pivoting to begin new campaigns. To start that journey, members of JU met virtually for two Relational Meetings in early March. During these meetings, attendees peeled off to chat in groups of two or three, connecting and strengthening relationships between individuals and institutions.

Small group listening sessions are to be held this spring at each Orange County institution involved with JU, offering members a chance to share what they consider to be issues facing their community. Justice United has organized two workshops in April to teach leaders how to organize and facilitate a listening session in their community. JU leadership has asked that five to ten St. Matthew’s

members attend a 90-minute training to facilitate these listening sessions. **If you are interested in attending one of these trainings, please sign up using the link below and reach out to Eileen Camp (919-345-7513).** Once the trainings are complete, information about the Listening Sessions will be shared with St. Matthew's members.

Listening Session Training 1

Tuesday, April 13, 7:00 PM - 8:30 PM

[Please Register in Advance Here](#)

Listening Session Training 2

Monday, April 19, 7:00 PM - 8:30 PM

[Please Register in Advance Here](#)

### **DURHAM CAN**

Durham CAN is based in institutions: congregations, associations, schools, nonprofits, community health centers, and neighborhood organizations that share a concern for families and a tradition of faith and democracy.

### **ORANGE CONGREGATIONS IN MISSION**

Providing Beef Stew to Orange Congregations in Mission Food's Pantry is a commitment St. Matthew's has made and kept for years now. Bring your donated cans to the church anytime. Drop them in the basket under the alcove of the Hayden Building or leave them by one of the doors. So far this month we still need 45 cans of beef stew to complete our goal of 175.

### **"WARMING HEARTS" SHAWL MINISTRY CALENDARS AVAILABLE**

Calendars (February 2021-January 2022) featuring shawls made by the Shawl Ministry are available in the Parish House for a donation of yarn, in any amount. They were made to honor our Shawl Ministry by member Dot Lansdown. Her son William photographed the shawls which he displayed on the pews of St. Matthew's. (Quantities are limited.)

### **CARE & DISCERNMENT GROUP FORMING: BEGINNING APRIL 22**

You are invited to practice listening with a group of four to eight fellow parishioners. During these challenging and divisive times we feel the pressure to take action. Learning to pay careful attention to one another is a way to act decisively and effectively. The structure of St. Matthew's Care and Discernment Groups provides a way to practice this work through mutual support. We take turns to narrate a query, challenge, or joy which is held in meditative attention through prayer, reflection and silence. We will meet for as many times as there are participants and our sessions last for 75 minutes. Active listening nourishes our mind, body, and spirit; it strengthens our friendship to one another and our service to the wider community.

We will begin the group on St. Matthew's Zoom Meeting channel on Thursday, April 22<sup>nd</sup> at 4pm. If you are interested please contact Edward Wright at [framesbyedwardwright@gmail.com](mailto:framesbyedwardwright@gmail.com) or call 919-622-7082.

### **PRAYER LIST**

**We pray for all who are sick, or in any need or trouble, remembering especially the following members of our parish family:** Mildred Pruessing, Lois Horn, Tom Vail, Molly Zaragoza, Jim

Fesperman, Rowen & Jan Grant, Ann Burdette, Anne Weaver, Daisy Huffman, Tom Sinn, Champe Davis, Keyon Hutson, Andy & Barrie Wallace, Laura Middlebrooks, Sandra Poffenbarger, Robert Fruehwirth, Tricia & Don Hill, Nell Schrader, Ludie White, Robert Locke, Marion Horn, Nancy Harris, Jim von St. Paul, Jean Bartholomew, and Joseph Riddick.

**And these others for whom our prayers are desired:** Melanie Maupin, Betsy Zaragoza, Harry Dula, Arnold Thomas, Gail Clifford, Erin Vaughan, Bob Caldwell, Baylor Pisano, John Charton, Lucy Gradowski, Ken Foland, Savannah Fonvielle, Colleen Paisley, Ben Mueller, Richard Haase, Chip Joyner, John Logan, the Spurlocks, the Tuckers, Anna Lawrence & Dan Bass, Fred Edoughs, Timothy, Bob, Laura Merrill, Jeannine Beardslee, Brooke Harnisch & Dan Roberts, Amy, Evelyne Accad, Amalia, Maddie Powers, Allie, John & Rachel Hougom, Richard Stevens, Mary Beth, Karl & Janice Eicher, Knox Efland, Coleman Sale, Boardman Lloyd, the family of Chris Knotts, Bill, Chris Graebner, Tom Bloom, Michael Thompson, Andy, Drew, Sean Turnell, Matthew Arnold, Anne Cox, Sally Weaver, Steve Thomas, Alex Thomas, Joe Barnes, Tony Boss, and Millie Hinkle.

We pray for all doctors and nurses, service workers, inmates, and the unemployed. We pray for educators, students, and parents of school-aged children.