

**EIGHTH SUNDAY AFTER PENTECOST**

**8:00 A.M. THE HOLY EUCHARIST, RITE I**

*The congregation gathers for silent prayer and meditation*

**THE WORD OF GOD**

The Acclamation & Collect for Purity	323
Celebrant: Blessed be God: Father, Son, and Holy Spirit.	
People: <i>And blessed be his kingdom, now and for ever. Amen.</i>	
The Summary of the Law	324
“Lord, have mercy upon us” ( <i>Kyrie eleison</i> )	324
The Collect (Proper 11)	179
The Lessons	
Old Testament Reading: Jeremiah 23:1-6	
Psalm 23 (back of the bulletin; remain seated)	
New Testament Reading: Ephesians 2:11-22	
The Gospel: Mark 6:30-34, 53-56	
Before the Gospel the people respond: <i>Glory be to thee, O Lord.</i>	
After the Gospel the people respond: <i>Praise be to thee, O Christ.</i>	
The Sermon	Robert Fruehwirth+
The Nicene Creed	326
The Prayers of the People (see insert)	
Confession of Sin	330
The Absolution and the Peace (The people respond: <i>And with thy spirit.</i> )	332
Welcome & Announcements	
<b><u>THE HOLY COMMUNION</u></b>	
Offertory	
v. All things come of thee, O Lord. r. <i>And of thine own have we given thee.</i>	
The Great Thanksgiving (Eucharistic Prayer II)	340
“Holy, holy, holy” ( <i>Sanctus</i> )	341
The Lord’s Prayer	336
The Breaking of the Bread	337
“O Lamb of God” ( <i>Agnus Dei</i> )	337
Postcommunion Prayer	339
The Blessing & Dismissal (The people respond: <i>Thanks be to God.</i> )	

**JULY 18, 2021**

**10:30 A.M. THE HOLY EUCHARIST, RITE II**

*The congregation gathers for silent prayer and meditation*

**Hymnal**

	Prelude: Pastorale, BWV 590 (J. S. Bach)	
493	Entrance Hymn: “O for a thousand tongues to sing” (AZMON)	
<b><u>THE WORD OF GOD</u></b>		
	The Acclamation & Collect for Purity	355
Celebrant: Blessed be God: Father, Son, and Holy Spirit.		
People: <i>And blessed be his kingdom, now and for ever. Amen.</i>		
*S-280	“Glory to God in the highest” ( <i>Gloria in excelsis</i> )	
	The Collect (Proper 11)	231
	The Lessons	
Old Testament Reading: Jeremiah 23:1-6		
*Psalm 23 (back of the bulletin; remain seated)		
New Testament Reading: Ephesians 2:11-22		
645	Sequence Hymn: “The King of love my shepherd is” (ST. COLOMBA)	
	The Gospel: Mark 6:30-34, 53-56	
Before the Gospel the people respond: <i>Glory to you, Lord Christ.</i>		
After the Gospel the people respond: <i>Praise to you, Lord Christ.</i>		
	The Sermon	Robert Fruehwirth+
	The Nicene Creed	358
	The Prayers of the People (see insert)	
	Confession of Sin	360
	The Absolution and the Peace (The people respond: <i>And also with you.</i> )	360
	Welcome & Announcements	
<b><u>THE HOLY COMMUNION</u></b>		
Offertory: The King of Love my Shepherd is (trad., arr. Virgil Thomson)		
380	Presentation Hymn: “Praise God, from whom all blessings flow” (OLD 100TH) (v.3)	
	The Great Thanksgiving (Eucharistic Prayer B)	367
S-125	“Holy, holy, holy Lord” ( <i>Sanctus</i> )	367
	The Lord’s Prayer	364
	The Breaking of the Bread	364
772 (WLP)	Communion Hymn: “O Christ, the healer” (KEDRON)	
	Postcommunion Prayer & Blessing	366
708	Closing Hymn: “Savior, like a shepherd lead us” (SICILIAN MARINERS)	
	The Dismissal (The people respond: <i>Thanks be to God.</i> )	
	Postlude: Improvisation on <i>Dominus regit me</i>	

Preacher: The Rev. Robert Fruehwirth  
Celebrants: The Rev. Robert Fruehwirth; The Rev. Lisa Frost-Phillips  
Readers: Bartow Culp, Kate Wisz (POP) (8:00); Karen Ireland, Jasmine Trinks (POP) (10:30)  
Organist: Dr. David Arcus (10:30)  
Ushers: Domenic and Tristan Tiani (8:00); Sam & Maria Costello (10:30)  
Nursery Attendant: Jane Fischer; Nursery Volunteer: TBA (10:30)  
Coffee Hour Host: Mary Rocap (9:00)  
Altar Guild: Ellen McRae, Phyllis Wright; Altar Flowers: donated by Jane Clunie

### FEEDING GOD'S PEOPLE FROM THE ABUNDANCE OF GOD'S GRACE

**Welcome to St. Matthew's.** We hope while you are here you will be nourished, welcomed, and sustained. We consider St. Matthew's a place of hospitality, peace, and renewal, where people can come to be fed through worship and the sacraments; through the care and compassion of our members; through our welcome of the stranger in our midst; through our service to the larger community of Hillsborough and the world. We invite you to be part of the feast. Please know that because of COVID the clergy will bring communion to those in attendance. At this time we are only offering the bread.

#### This Week's Schedule

##### Sunday (7/18): Pentecost 8

- In-Person Holy Eucharist, Rite II (church); 8:00am
- Coffee Hour; 9:00am
- In-Person Holy Eucharist, Rite II (church AND linked with Worship Zoom); 10:30am
- Pre-school Playgroup (Cameron Park School); Noon

##### Monday (7/18):

- Compline (Worship Zoom); 8:30pm

##### Tuesday (7/20):

- Morning Silence (Worship Zoom); 7:30am Gathering for Silent Meditation
- Staff Meeting; 11:00am
- Vestry; 6:00pm
- Compline (Worship Zoom); 8:30pm

##### Wednesday (7/21):

- Morning Prayer (Worship Zoom); 8:00am
- In-Person Eucharist (Church); Noon;
- Women's Spirituality Group (Meeting Zoom); 5:00pm
- Choir (Meeting Zoom); 7:00pm
- Compline (Worship Zoom); 8:30pm

##### Thursday (7/22)

- Compline (Worship Zoom); 8:30pm

##### Friday (7/23)

- Morning Prayer (Worship Zoom); 8:00am
- Bible Study Book Club (Formation Zoom); 10:00am
- Compline (Worship Zoom); 8:30pm

##### Sunday (7/25): Pentecost 9

- In-Person Holy Eucharist, Rite II (church); 8:00am
- Coffee Hour; 9:00am
- In-Person Holy Eucharist, Rite II (church AND linked with Worship Zoom); 10:30am
- A Parish Family Walk to Whit's; 4:00pm
- Women's Singing Circle and Compline (church); 7:00pm

**Please remain fully masked for the duration of the church service.**  
**You may pod sit with your family or with friends (if all are vaccinated), otherwise please maintain social distancing.**

**We welcome our Summer Choir to this morning's 10:30 Eucharist.** If you sing and are interested in participating in the Summer Choir, please contact David Arcus for the schedule and more information. ([davidallenarcus@gmail.com](mailto:davidallenarcus@gmail.com))

**Nursery Volunteers Needed! (Also, Coffee Hour Hosts, and Ushers!):** We are re-opening our nursery at St. Matthew's on Sundays for both the 8am and the 10:30am services. In order to offer this necessary ministry for our families we need adult volunteers who are fully vaccinated and can assist Jane Fischer on Sundays. Even if you can only commit to one Sunday at one service time, any commitment you can give is most welcome! If you are available, vaccinated, and interested please email Mary at [welcome@stmatthewshillsborough.org](mailto:welcome@stmatthewshillsborough.org) with your name and availability.

**Preschool Playgroup:** On Sunday, July 18<sup>th</sup> and August 8<sup>th</sup> & 15<sup>th</sup> the Preschool Playgroup will meet after the 10:30am service at Cameron Park Elementary School's playground right next to St. Matthew's. All children ages 2-5 and their families are invited. Please make sure each preschooler comes with an adult. Bring a picnic lunch for your family and we'll enjoy time together (socially distanced) this summer. There are picnic benches in the shade and some of the playground equipment is also in the shade. Questions? Contact Amy Huacani ([ahuacani@gmail.com](mailto:ahuacani@gmail.com)).

**Small Informal Gatherings hosted by Vestry Members and the Rector this Summer:** To celebrate being able to regather in person, the vestry is delighted to host a series of small gatherings for parishioners over the summer.

#### Here are the remaining events in July:

- **Sunday July 25: A Family Walk to Whit's;** 4:00-5:30pm: Gather at St. Matthew's for a shady walk along the Eno to Whit's Frozen Custard, and back through Hillsborough to the church. Round Trip this is 2.5 miles, but we will have drivers ready at Whit's to take weary walkers back to church as needed. The ice cream is on the Rector, but do bring water! Indicate on the signup if you think you'll need a ride back!
- **Friday, July 30: A Wine & Cheese Party hosted by Edward & Phyllis Wright;** 4:00-6:00pm; more details to come. (fully vaccinated only)
- **Saturday, July 31: Beer and Bocce and Lemonade;** 4:00-5:30pm  
Come to the Rectory Back-40 for a challenging game of Bocce, with local IPAs and homemade lemonade. Kids can play soccer.

**Here is the SignUp Genius link:** <https://www.signupgenius.com/go/60b0e44aca82da7f58-small>.

**Carpaccio and Cappadocians:** From 6:30 to 8:00pm on July 27<sup>th</sup> and August 10<sup>th</sup>, one of our interns, Austin, will be leading a two-part seminar on Gregory of Nyssa in the Fellowship Hall called *Carpaccio and Cappadocians*. Gregory was a theologian in the 4<sup>th</sup> century from Cappadocia (a region in present-day Turkey). He was a very eccentric but profound thinker and was highly influential on later theologians and philosophers. We'll be learning from Gregory that matter doesn't exist, that God only created one human being, and that even the devil will be saved. The seminar will be a casual environment where questions and digressions are encouraged. In keeping with the title, the church will provide meat appetizers as well as cheese and wine. We hope to see you there!

**Safe Haven Support for Caregivers:** Caring for others is becoming necessary for families and friends. We believe this new ministry will bring nonjudgmental encouragement, reduce the isolation, and provide emotionally healthy relationships within a safe and confidential space to encourage trust. The first meeting for this Zoom based ministry will be Sunday, August 1 at 2:00pm (Meeting Zoom). We will gather for introductions, look at our foundational agreements for the group, and plan the subsequent meeting days and times. If you would like to join the group and are unable to attend on August 1, please contact Para Drake so you can be caught up before the second meeting which is now scheduled for August 15 at 2:00pm. (The schedule for subsequent meetings, after August 15, will be determined by the group on August 1.) Questions? Contact Para Drake ([chaplaindrake@gmail.com](mailto:chaplaindrake@gmail.com); 919-698-8575) or David McDuffie ([dcmcduffie@gmail.com](mailto:dcmcduffie@gmail.com); 705-540-4385).

**Orange Congregations In Mission:** Providing Beef Stew to Orange Congregations in Mission Food's Pantry is a commitment St. Matthew's has made and kept for years now. Bring your donated cans to the church anytime. Drop them in the basket under the alcove of the Hayden Building or leave them by one of the doors. So far we have reached 114 cans towards our July goal of 175; 61 more needed.

**Prison Ministry Workshops Invitation from Hillsborough United Methodist Church:** Join the Rev. Cameron Merrill in July and August for a series of conversations on how churches can become communities of care for those affected by incarceration. Each gathering will focus on ministry and care with a particular group of justice-affected folks. Wednesdays at 7pm in the Hillsborough Methodist Church's fellowship hall, with coffee and desserts served.

**July 21:** Scripture & the Call to Prison Ministry; **July 28:** Ministry with Justice-Affected People

**August 18:** Ministry with Justice-Affected Families; **August 25:** Ministry after Incarceration

To help plan for food and other needs, please register: <https://hillsboroughumc.typeform.com/to/cvp0lyxl>

**THE DIOCESE OF NORTH CAROLINA HAS A NEW PODCAST!** [Roundtables on Race](#). Season I focuses on race and the new media, with episodes exploring historical context, journalist training, representation in the newsroom, setting the tone, the audience's role and more. Find it on the [Diocesan website](#).

### ST. MATTHEW'S PRAYER LIST

**We pray for all who are sick, or in any need or trouble, remembering especially the following members of our parish family:** Mildred Pruessing, Lois Horn, Tom Vail, Molly Zaragoza, Jim Fesperman, Rowen & Jan Grant, Ann Burdette, Anne Weaver, Daisy Huffman, Tom Sinn, Champe Davis, Keyon Hutson, Andy & Barrie Wallace, Laura Middlebrooks, Sandra Poffenbarger, Tricia & Don Hill, Nell Schrader, Ludie White, Robert Locke, Nancy Harris, Jim von St. Paul, Jean Bartholomew, Joseph Riddick, Mimi Games, Betty Wolfe, Carol Parrent, Becky Horne, Janice Stratton, Christine Estes, William Parker, Kim Griffin, Kathy Coward, Ann Burton, and Pam Jarvis.

**And these others for whom our prayers are desired:** Betsy Zaragoza, Harry Dula, Arnold Thomas, Gail Clifford, Erin Vaughan, Bob Caldwell, Baylor Pisano, John Charton, Lucy Gradowski, Ken Foland, Savannah Fonvielle, Colleen Paisley, Ben Mueller, Richard Haase, Chip Joyner, John Logan, the Spurllocks, the Tuckers, Fred Edoughs, Timothy, Bob, Laura Merrill, Jeannine Beardslee, Brooke Harnisch & Dan Roberts, Evelyne Accad, Amalia, Maddie Powers, Allie, John & Rachel Hougom, Richard Stevens, Karl & Janice Eicher, Knox Efland, Coleman Sale, Boardman Lloyd, Bill, Michael Thompson, Andy, Drew, Sean Turnell, Sally Weaver, Joe Barnes, Millie Hinkle, Cyndi Martin, Joanna Huacani, Maggie Malone, Benny Whitted, John Hougom, Jayne Jackson, Mary Ayers, and the Burdette family: Mary Beth, Joel, and Amy.

### THE PRAYERS OF THE PEOPLE

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for Justin the Archbishop of Canterbury, Michael our Presiding Bishop, Sam and Anne our Bishops with all bishops, priests, and deacons. We pray for parishes in our Diocese, especially St. Thomas', Reidsville and Chapel of the Good Shepherd, Ridgeway. We also pray for Pastor Holman and Dickerson Chapel AME and for the Hillsborough Clergy Coalition.  
Silence / Lord, in your mercy / *Hear our prayer.*

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. We pray for our President, our Congress, and our State Government. We give thanks to the scientists who developed the COVID vaccine, in whose honor the altar flowers are given today.  
Silence / Lord, in your mercy / *Hear our prayer.*

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. We pray for the work of Anathoth Community Garden and Fairview Gardens in our community.  
Silence / Lord, in your mercy / *Hear our prayer.*

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. We pray for the poor, marginalized, and vulnerable in Orange and Durham Counties and the world, especially those without access to the COVID vaccine. We pray for the Alamance-Orange Prison Ministry and their work in our community.  
Silence / Lord, in your mercy / *Hear our prayer.*

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation. We pray for those in our parish family, especially: Mildred, Lois, Tom, Molly, Jim, Rowen & Jan, Ann, Anne, Daisy, Tom, Champe, Keyon, Andy & Barrie, Laura, Sandra, Tricia & Don, Nell, Ludie, Robert, Nancy, Jim, Joseph, Mimi, Betty, Carol, Becki, Janice, Christine, William, Kim, Kathy, Ann, and Pam. We pray for those at Brookshire, both residents and staff.  
Silence / Lord, in your mercy / *Hear our prayer.*

We commend to your mercy all who have died, that your will for them may be fulfilled, and we pray that we may share with all your saints in your eternal kingdom.  
Silence / Lord, in your mercy / *Hear our prayer.*

We invite your personal prayers, intercessions, and thanksgivings, either silently, or out loud...

*The Celebrant adds a concluding Collect.*